

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****Event 1 Girls High Jump**

Name	Year School	Seed	Finals	Points
<b>Finals</b>				
1 McIntosh, Leah	Shenandoah	5-02.00	5-00.00	10
2 Steinauer, Laura	Clarinda	5-03.00	J5-00.00	8
3 Davidson, Michelle	Clarinda	5-00.00	4-10.00	6
4 Konz, Sarah	Harlan	4-08.00	4-08.00	2.33
4 Drees, Madi	Kuemper	4-10.00	4-08.00	2.33
4 Swinnerton, Kasey	Atlantic	4-10.00	4-08.00	2.33
-- Hart, Anna	Shenandoah	4-08.00	NH	
-- Brown, Jordan	Lewis Central	4-06.00	NH	
-- Rudolph, Sara	Lewis Central	4-04.00	NH	
-- Byrnes, Jamie	Harlan	4-08.00	NH	
-- Peterson, Sam	Atlantic	4-06.00	NH	
-- Stickrod, Sydney	Kuemper	4-10.00	NH	

**Event 3 Girls Shot Put**

Name	Year School	Seed	Finals	Points
1 Sheperd, Avery	Clarinda	39-00.00	37-10.50	10
2 Plagmann, Jane	Harlan	36-00.00	34-05.00	8
3 Ullrich, Alicia	Denison/Schleswig	34-10.00	33-05.00	6
4 Buch, Kaylee	Clarinda	32-00.00	31-11.00	4
5 Sonderman, Abby	Harlan	34-00.00	31-10.50	2
6 Pendegraft, Aubrey	Creston	30-05.00	30-10.00	1
7 Yardas, Kristi	Red Oak	29-05.00	30-05.00	
8 Bryan, Molly	Glenwood	28-04.25	29-09.50	
9 Berns, Marissa	Atlantic	28-00.00	29-02.50	
10 Ruhr, Jordan	Glenwood	31-10.50	29-00.00	
11 Hoffman, Cassy	Kuemper		28-11.00	
12 Young, Taylor	Atlantic	31-00.00	28-09.50	
13 Ray, Emily	Shenandoah	31-01.00	28-07.00	
14 Scherff, Megan	Denison/Schleswig	28-06.00	27-11.00	
15 French, Gabi	Red Oak	25-07.00	27-10.50	
15 Fine, Felisha	Shenandoah	29-10.00	27-10.50	
17 Smith, Breann	Lewis Central	29-00.00	26-07.00	
18 Hurt, Leah	Creston	28-09.00	25-08.00	
19 Wittrock, Erin	Kuemper	24-06.50	23-08.00	
20 Leehy, Jordan	Lewis Central	23-05.00	20-11.50	

**Event 5 Girls Discus Throw**

Name	Year School	Seed	Finals	Points
1 Robinson, Maggie	Atlantic	123-00	128-01.50	10
2 Pendegraft, Aubrey	Creston	107-00	117-06.50	8
3 Plagmann, Jane	Harlan	110-04	117-01	6
4 Hurt, Leah	Creston	113-00	115-07.50	4
5 Sonderman, Abby	Harlan	110-00	111-02	2
6 Smith, Breann	Lewis Central	94-00	105-09.50	1
7 Ullrich, Alicia	Denison/Schleswig	108-00	104-09	
8 Gehling, Cassie	Kuemper	111-01	103-00.50	
9 Fine, Felisha	Shenandoah	92-00	97-00.50	
10 Scherff, Megan	Denison/Schleswig	94-07	96-02.50	

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****....Event 5 Girls Discus Throw**

11 Kennon, Paige	Atlantic	95-00	94-08.50
12 Perkins, Kylie	Shenandoah	97-00	93-11.50
13 Sheperd, Avery	Clarinda	99-00	91-00.50
14 Larsen, Brooke	Clarinda	90-00	87-02
15 Leehy, Jordan	Lewis Central	82-02	78-04.50
16 Bryan, Molly	Glenwood	89-04	74-02
17 Perez, Katie	Red Oak	66-00	72-05.50
18 Mahoney, Adrienne	Red Oak	70-06	67-00.50
19 Hoffman, Cassy	Kuemper	82-10	64-08.50

**Event 7 Girls Long Jump**

Name	Year School	Seed	Finals	Points
1 Dawson, Denise	Harlan	16-08.00	16-04.00	10
2 Wernimont, Anna	Atlantic	17-00.00	15-08.00	8
3 Steinauer, Laura	Clarinda	15-07.00	14-08.25	6
4 Adamson, Kayla	Shenandoah	15-07.00	14-08.00	4
5 Bienlien, Lydia	Glenwood	15-07.50	14-06.75	2
6 Sorensen, Taylor	Denison/Schleswig	14-11.00	14-06.50	1
7 Sorensen, Courtney	Denison/Schleswig	14-10.00	13-10.75	
8 Schultes, Jessica	Kuemper	15-06.00	13-07.75	
9 Bass, Kayla	Lewis Central	14-03.00	13-02.50	
10 Kloewer, Dana	Harlan	14-11.00	13-02.25	
11 Hastings, Lindsey	Shenandoah	15-01.00	13-01.00	
12 Karr, Allyson	Clarinda	15-00.00	12-11.50	
12 Potthoff, Kerri	Kuemper	14-00.75	12-11.50	
14 Brown, Abby	Glenwood	13-09.50	12-10.50	
15 Lohrke, Shelbie	Lewis Central	13-08.00	12-05.75	
16 Hemphil, Jess	Red Oak	14-02.00	12-04.75	
17 Mendez, Itzel	Red Oak	13-00.00	12-00.25	
18 Edelman, Tiara	Atlantic	12-00.00	11-08.00	

**Event 9 Girls 3000 Meter Run**

Name	Year School	Seed	Finals	Points
1 Krogman, Ali	Atlantic	11:05.00	11:09.84	10
2 Byrnes, Jessie	Harlan	12:20.00	11:37.91	8
3 Huckins, Lacy	Lewis Central	11:13.00	11:44.20	6
4 Stevens, Christy	Atlantic	11:55.00	12:15.53	4
5 Ploeger, Kristin	Denison/Schleswig	12:33.00	12:30.60	2
6 Hall, Bridget	Lewis Central	11:22.00	12:36.19	1
7 Lantz, Julia	Clarinda	12:40.00	12:37.35	
8 Pauley, Rebecca	Harlan	12:50.00	12:38.31	
9 Griffin, Michaela	Red Oak	12:23.00	12:48.55	
-- Stribling, Jena	Shenandoah	12:45.00	NT	
-- Bartles, Brittane	Shenandoah	13:45.00	NT	
-- Buman, Jess	Kuemper	13:51.67	NT	
-- Miller, Dana	Creston	12:37.00	NT	
-- Walter, Laura	Creston	14:50.00	NT	
-- Lantz, Nicole	Clarinda	13:30.00	NT	
-- Chekal, Laura	Glenwood	13:20.70	NT	
-- Herrman, Annaleah	Glenwood	13:38.00	NT	
-- Sonnichsen, Kamalha	Denison/Schleswig	12:50.00	NT	

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****Event 10 Girls 4x800 Meter Relay**

School	Seed	Finals	Points
1 Harlan 'A'	10:15.00	10:09.11	10
1) Schnack, Ranae			
3) Petersen, Amanda			
2) Hosack, Jenny			
4) Jacobsen, Shelbie			
2 Denison/Schleswig 'A'	10:06.00	10:22.30	8
1) Beeck, Alexa			
3) Ellerbeck, Bailey			
2) Wehle, Brooke			
4) Richard, Faith			
3 Atlantic 'A'	10:23.90	10:30.39	6
1) Arneson, Jessica			
3) Honke, Liz			
2) Gude, Amanda			
4) Stender, Kaley			
4 Glenwood 'A'	10:20.00	10:53.06	4
1) Peckham, Brooke			
3) Anderson, Kayla			
2) Larsen, Katie			
4) Staiert, Katie			
5 Clarinda 'A'	11:08.00	11:15.85	2
1) Davidson, Shala			
3) Manley, Jordan			
2) Rarick, Sydney			
4) Beaver, Laura			
6 Lewis Central 'A'	11:43.22	11:19.63	1
1) Kellogg, Jori			
3) Hays, Kelsie			
2) LeClaire, Kelsey			
4) Gubbels, Heather			
7 Shenandoah 'A'	11:40.00	11:54.98	
1) Mayer, Ashton			
3) Ray, Emily			
2) Schubert, Jordan			
4) Perkins, Jourdan			
8 Red Oak 'A'	11:48.10	12:15.71	
1) Hemphil, Jess			
3) Edie, Shea			
2) Fada, Melanie			
4) Soden, Caitlyn			
9 Creston 'A'	12:02.50	12:15.85	
1) Ekeler, Chelsea			
3) Stalcup, Haley			
2) Wood, Allison			
4) Peters, Ashley			

**Event 13 Girls 4x100 Meter Shuttle Hurdle**

School	Seed	Finals	H#	Points
1 Creston 'A'	1:09.65	1:07.74	3	10
1) Evans, Morgan				
3) Smith, Kierra				
2) Johnson, Jill				
4) Hunter, Nicole				
2 Harlan 'A'	1:09.14	1:08.59	3	8
1) White, Jacie				
3) Murtaugh, Taysha				
2) Hosack, Jenny				
4) Dawson, Denise				
3 Denison/Schleswig 'A'	1:10.13	1:10.87	3	6
1) Struck, Megan				
3) Ellerbeck, Bailey				
2) Krohnke, Kayla				
4) Wehle, Brooke				
4 Shenandoah 'A'	1:10.50	1:11.66	3	4
1) McGinnis, Ashley				
3) Hastings, Lindsey				
2) Bergen, Sabrina				
4) Adamson, Kayla				
5 Glenwood 'A'	1:12.00	1:13.10	2	2
1) Liparoto, Mercedes				
3) Robinson, Emily				
2) Finn, Kassie				
4) Brown, Abby				
6 Lewis Central 'A'	1:13.00	1:13.66	2	1
1) Turgeon, Taylor				
3) Smith, Breann				
2) Bass, Kayla				
4) Forristall, Kendra				
7 Kuemper 'A'	1:12.15	1:14.21	2	
1) Adams, Allison				
3) Bierl, Kenzie				
2) Venner, Megan				
4) Garrett, Hannah				

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****....Event 13 Girls 4x100 Meter Shuttle Hurdle**

8 Atlantic 'A'	1:17.00	1:16.28	1
1) Swinnerton, Kasey	2) Kennon, Paige		
3) Edelman, Tiara	4) McConnell, Sam		
9 Clarinda 'A'	1:17.00	1:19.02	1
1) Carper, Katie	2) McComb, Emily		
3) Karr, Allyson	4) Davidson, Michelle		
10 Red Oak 'A'	1:29.00	1:27.17	1
1) Mendez, Itzel	2) Redel, Jami		
3) Miller, Andrea	4) Elarton, Annie		

**Event 15 Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Wernimont, Anna	Atlantic	12.80	12.84	3	10
2 Steinauer, Laura	Clarinda	12.80	12.88	3	8
3 Nott, Shaniece	Glenwood	13.09	13.17	3	6
4 Nowatzke, Trisha	Harlan	13.04	13.30	3	4
5 Hunter, Nicole	Creston	13.02	13.32	3	2
6 Shouse, Melina	Atlantic	13.16	13.34	3	1
7 Licktieg, Taylor	Denison/Schleswig	13.20	13.54	3	
8 Sorensen, Courtney	Denison/Schleswig		13.61	2	
9 Sunderman, Ashley	Clarinda	13.90	13.77	2	
10 Smith, Caitlin	Red Oak	13.72	13.91	2	
11 Pratt, Lizz	Red Oak	13.61	13.99	2	
12 Mahlberg, Abby	Harlan	13.85	14.00	2	
13 Garrett, Hannah	Kuemper	13.87	14.09	2	
14 Drees, Madi	Kuemper	14.08	14.21	1	
15 Brown, Jordan	Lewis Central	13.89	14.33	2	
16 Rodgers, Brittany	Glenwood	14.00	14.90	1	
17 Riley, Karlee	Creston	14.10	15.15	1	
18 Schaben, Ashley	Lewis Central	14.75	15.16	1	
19 Edds, Devin	Shenandoah	14.95	15.69	1	
20 Debolt, Bailey	Shenandoah	16.00	16.57	1	

**Event 17 Girls Distance Medley**

School	Seed	Finals	H#	Points
1 Atlantic 'A'	4:26.90	4:29.99	2	10
1) Kennon, Ayli	2) Sandage, Kari			
3) Nielsen, Melanie	4) Hoegh, Palmer			
2 Harlan 'A'	4:26.14	4:35.19	2	8
1) Hopp, Breanne	2) Christensen, Sadie			
3) Kaufmann, Mary	4) Petersen, Amanda			
3 Glenwood 'A'	4:26.00	4:37.03	2	6
1) Clement, Ciara	2) Brewster, Shelby			
3) Ringsdorf, Sophie	4) Turcotte, Jenna			
4 Lewis Central 'A'	4:26.42	4:40.87	2	4
1) Quandt, Molly	2) Hutchinson, Andrea			
3) Olberding, Natalie	4) Cole, Rachelle			
5 Denison/Schleswig 'A'	4:40.00	4:47.72	2	2
1) Schroeder, Brooke	2) Krohnke, Kayla			
3) Krohnke, Whitney	4) Winans, Hayli			
6 Kuemper 'A'	4:42.33	4:51.03	2	1

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****....Event 17 Girls Distance Medley**

1) Wiederin, Megan	2) Riesberg, Hannah			
3) Potthoff, Kerri	4) Wittyry, Beth			
7 Red Oak 'A'		4:47.20	4:51.14	1
1) Hemphil, Jess	2) Norris, Jill			
3) Allison, Kelsey	4) Griffin, Michaela			
8 Creston 'A'		4:45.50	4:51.46	1
1) Smith, Carla	2) Geary, Madison			
3) Frain, Madison	4) Thompson, Morgan			
9 Shenandoah 'A'		4:59.00	5:05.63	1
1) Saner, Madison	2) Comstock, Kristin			
3) Johnson, Katie	4) Hart, Anna			
10 Clarinda 'A'		4:58.00	5:10.69	1
1) Jago, Jeana	2) Snyder, Megan			
3) Gregory, Kaytlynne	4) Aldrich, Katie			

**Event 18 Girls 400 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Beeck, Alexa	Denison/Schleswig	1:00.05	1:00.45	3	10
2 Kllitgaard, Ellen	Harlan	1:01.71	1:01.72	3	8
3 Bienlien, Lydia	Glenwood	1:02.00	1:02.32	3	6
4 Kloewer, Cristin	Harlan	1:02.08	1:02.77	3	4
5 Hartwig, Alex	Atlantic	1:02.49	1:03.08	3	2
6 Hanners, Rachel	Kuemper	1:02.45	1:04.79	3	1
7 Ellerbeck, Bailey	Denison/Schleswig	1:04.00	1:04.81	2	
8 Fellers, Lauren	Red Oak	1:05.39	1:05.67	2	
9 Lohrke, Shelbie	Lewis Central	1:07.00	1:06.24	2	
10 Blake, Katie	Atlantic	1:06.00	1:06.45	2	
11 Rudolph, Sara	Lewis Central	1:05.00	1:06.99	2	
12 Davidson, Shala	Clarinda	1:06.00	1:08.47	2	
13 Holdridge, Ashley	Shenandoah	1:09.68	1:09.23	1	
14 Anderson, Kayla	Glenwood	1:09.14	1:10.13	1	
15 Lux, Jennifer	Kuemper	1:09.56	1:12.73	1	
16 Schubert, Jordan	Shenandoah	1:12.50	1:14.96	1	
17 Karr, Allyson	Clarinda	1:16.00	1:17.68	1	
18 Connolly, Riley	Red Oak	1:16.10	1:17.96	1	

**Event 20 Girls 4x200 Meter Relay**

School	Seed	Finals	H#	Points
1 Atlantic 'A'	1:48.90	1:48.54	2	10
1) Westering, Erin	2) Shouse, Melina			
3) Robinson, Maggie	4) Wernimont, Anna			
2 Denison/Schleswig 'A'	1:48.10	1:48.61	2	8
1) Licktieg, Taylor	2) Schroeder, Brooke			
3) Fenn, Chianne	4) Mendlik, Abby			
3 Harlan 'A'	1:50.69	1:50.33	2	6
1) Christensen, Sadie	2) Kloewer, Dana			
3) Schnack, Ranae	4) Nowatzke, Trisha			
4 Shenandoah 'A'	1:52.50	1:52.54	2	4
1) Fischer, Karen	2) McGinnis, Ashley			
3) Adamson, Kayla	4) Hastings, Lindsey			
5 Glenwood 'A'	1:51.00	1:52.93	2	2

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****....Event 20 Girls 4x200 Meter Relay**

1) Clement, Ciara	2) Nott, Shaniece				
3) Fisher, Lexi	4) Brewster, Shelby				
6 Kuemper 'A'		1:54.33	1:55.15	1	1
1) Onken, Abbey	2) Stickrod, Sydney				
3) Drees, Madi	4) Schultes, Jessica				
7 Red Oak 'A'		1:56.20	1:56.17	1	
1) Pratt, Lizz	2) Jennings, Rachel				
3) Marsden, Shelby	4) Smith, Caitlin				
8 Creston 'A'		1:56.50	1:56.69	1	
1) Smith, Carla	2) Pettegrew, C.J.				
3) Briley, Katlin	4) Smith, Kierra				
9 Clarinda 'A'		1:57.00	1:59.17	1	
1) Sunderman, Ashley	2) Jago, Jeana				
3) Buch, Kaylee	4) Snyder, Megan				
10 Lewis Central 'A'		2:04.00	2:06.82	1	
1) Smith, Alex	2) Hopp, Britney				
3) Fuerst, Carrie	4) Forristall, Kendra				

**Event 22 Girls 100 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Hunter, Nicole	Creston	15.29	15.09	3	10
2 Dawson, Denise	Harlan	15.29	15.71	3	8
3 Garrett, Hannah	Kuemper	16.36	16.57	3	6
4 Kennon, Ayli	Atlantic	16.30	16.76	3	4
5 Wehle, Brooke	Denison/Schleswig	16.80	16.81	3	2
6 Murtaugh, Taysha	Harlan	17.19	17.07	2	1
7 Turgeon, Taylor	Lewis Central	17.05	17.44	3	
8 Struck, Megan	Denison/Schleswig	17.10	17.55	2	
9 Birchard, Megan	Creston	18.18	17.67	2	
10 Davidson, Michelle	Clarinda	18.62	17.92	1	
11 Bierl, Kenzie	Kuemper	17.94	18.10	2	
12 Bass, Kayla	Lewis Central	17.36	18.20	2	
13 Saner, Madison	Shenandoah	18.90	18.39	1	
14 Liparoto, Mercedes	Glenwood	17.44	18.52	2	
15 Kennon, Paige	Atlantic	18.00	18.55	2	
16 Carper, Katie	Clarinda	18.90	18.85	1	
17 Finn, Kassie	Glenwood	17.09	19.31	3	
18 McIntosh, Leah	Shenandoah	18.80	19.73	1	
19 Mendez, Itzel	Red Oak	20.51	20.72	1	
20 Elarton, Annie	Red Oak	21.42	21.55	1	

**Event 25 Girls 800 Meter Run**

Name	Year School	Seed	Finals	Points
1 Hoegh, Palmer	Atlantic	2:25.50	2:28.03	10
2 Krogman, Ali	Atlantic	2:30.00	2:29.56	8
3 Jacobsen, Shelbie	Harlan		2:30.15	6
4 Beeck, Alexa	Denison/Schleswig	2:23.00	2:35.44	4
5 Staiert, Katie	Glenwood	2:34.00	2:38.91	2
6 Gettys, Alex	Harlan		2:40.17	1
7 Krohnke, Whitney	Denison/Schleswig	2:40.00	2:40.26	
8 Ekeler, Chelsea	Creston	2:49.50	2:48.93	

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****....Event 25 Girls 800 Meter Run**

-- Perkins, Jourdan	Shenandoah	2:53.00	NT
-- Fada, Melanie	Red Oak	2:59.00	NT
-- Rarick, Sydney	Clarinda	2:48.00	NT
-- Ray, Emily	Shenandoah	2:45.00	NT
-- Smith, Anna	Clarinda	2:50.00	NT
-- Peterman, Steph	Kuemper	2:56.61	NT
-- Wood, Allison	Creston	2:49.50	NT
-- Soden, Caitlyn	Red Oak	2:58.50	NT
-- Waldron, Sarah	Lewis Central	3:25.00	NT

**Event 26 Girls 200 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Steinauer, Laura	Clarinda	27.30	26.69	3	10
2 Wernimont, Anna	Atlantic	26.80	26.82	3	8
3 Bienlien, Lydia	Glenwood	27.10	27.13	3	6
4 Onken, Abbey	Kuemper	27.18	27.45	3	4
5 Kennon, Ayli	Atlantic	27.29	27.78	3	2
6 Licktieg, Taylor	Denison/Schleswig	27.10	28.01	3	1
7 Ringsdorf, Sophie	Glenwood	27.30	28.02	3	
8 Kloewer, Cristin	Harlan	27.59	28.17	2	
9 Hutchinson, Andrea	Lewis Central	27.21	28.26	3	
10 Kloewer, Dana	Harlan	28.80	29.01	2	
11 Sorensen, Taylor	Denison/Schleswig	30.00	29.52	2	
12 Norris, Jill	Red Oak	29.10	29.55	2	
13 Quandt, Molly	Lewis Central	28.23	29.77	2	
14 Miers, Tori	Clarinda	31.00	31.02	1	
15 Lux, Jennifer	Kuemper	30.83	31.26	2	
16 Johnson, Katie	Shenandoah	30.50	31.68	2	
17 Rigby, Jasmine	Red Oak	31.50	32.01	1	
18 Edds, Devin	Shenandoah	30.50	32.21	2	
19 McAnly, Lexi	Creston	31.00	33.41	1	

**Event 28 Girls 400 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Olberding, Natalie	Lewis Central	1:05.61	1:05.64	3	10
2 Hosack, Jenny	Harlan	1:06.40	1:08.36	3	8
3 Wehle, Brooke	Denison/Schleswig	1:10.80	1:11.05	3	6
4 Murtaugh, Taysha	Harlan	1:10.00	1:11.27	3	4
5 Krohnke, Kayla	Denison/Schleswig	1:11.10	1:12.36	3	2
6 Hunter, Nicole	Creston	1:13.01	1:12.78	2	1
7 Johnson, Jill	Creston	1:14.18	1:12.81	2	
8 Fisher, Lexi	Glenwood	1:12.00	1:13.25	3	
9 Arneson, Jessica	Atlantic	1:12.00	1:14.65	3	
10 Swinnerton, Kasey	Atlantic	1:14.99	1:15.22	2	
11 Beaver, Laura	Clarinda	1:17.00	1:19.12	2	
12 Robinson, Emily	Glenwood	1:16.00	1:20.16	2	
13 Venner, Megan	Kuemper	1:22.02	1:22.83	1	
14 Hart, Anna	Shenandoah	1:16.50	1:22.99	2	
15 Redel, Jami	Red Oak	1:24.65	1:23.97	1	
16 Miller, Andrea	Red Oak	1:27.31	1:27.01	1	
17 Holdridge, Ashley	Shenandoah	1:19.50	1:28.82	1	

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****Event 31 Girls 800 Sprint Medley**

School	Seed	Finals	H#	Points
1 Denison/Schleswig 'A'	1:54.40	1:53.67	2	10
1) Sorensen, Courtney				
2) Schroeder, Brooke				
3) Fenn, Chianne				
4) Mendlik, Abby				
2 Harlan 'A'	1:53.94	1:53.82	2	8
1) Jacobsen, Shelbie				
2) Hopp, Breanne				
3) Nowatzke, Trisha				
4) Kllitgaard, Ellen				
3 Glenwood 'A'	1:57.00	1:54.58	2	6
1) Clement, Ciara				
2) Nott, Shaniece				
3) Brewster, Shelby				
4) Bienlien, Lydia				
4 Atlantic 'A'	1:55.40	1:55.65	2	4
1) Nielsen, Melanie				
2) Pappas, Katie				
3) Robinson, Maggie				
4) Hartwig, Alex				
5 Creston 'A'	1:57.32	2:00.56	2	2
1) Evans, Morgan				
2) Smith, Kierra				
3) Pettegrew, C.J.				
4) Geary, Madison				
6 Red Oak 'A'	2:01.10	2:01.98	1	1
1) Pratt, Lizz				
2) Marsden, Shelby				
3) Smith, Caitlin				
4) Fellers, Lauren				
7 Lewis Central 'A'	2:06.00	2:04.97	1	
1) Brown, Jordan				
2) Kellogg, Jori				
3) Bass, Kayla				
4) Lohrke, Shelbie				
8 Clarinda 'A'	2:05.00	2:06.34	1	
1) King, Chantel				
2) Sunderman, Ashley				
3) Jago, Jeana				
4) Snyder, Megan				
9 Shenandoah 'A'	2:08.00	2:08.39	1	
1) McGinnis, Ashley				
2) Bergen, Sabrina				
3) Fischer, Karen				
4) Comstock, Kristin				
10 Kuemper 'A'	2:07.75	2:15.82	1	
1) Wiederin, Megan				
2) Thomsen, Abby				
3) Potthoff, Kerri				
4) Peterman, Steph				

**Event 32 Girls 1500 Meter Run**

Name	Year School	Seed	Finals	Points
1 Krogman, Ali	Atlantic	5:10.00	5:11.15	10
2 Byrnes, Jessie	Harlan	5:22.00	5:15.45	8
3 Stender, Kaley	Atlantic	5:18.00	5:22.01	6
4 Huckins, Lacy	Lewis Central	5:25.00	5:23.76	4
5 Larsen, Katie	Glenwood	5:23.00	5:23.99	2
6 Peckham, Brooke	Glenwood	5:27.00	5:35.62	1
7 Croghan, Brianna	Harlan	5:43.00	5:39.28	
8 Wittry, Beth	Kuemper	5:47.19	5:40.14	
9 Griffin, Michaela	Red Oak	5:49.90	5:41.22	
-- Lantz, Julia	Clarinda	5:50.00	NT	
-- Mayer, Ashton	Shenandoah	5:55.00	NT	
-- Stribling, Jena	Shenandoah	5:55.00	NT	
-- Manley, Jordan	Clarinda	5:45.00	NT	
-- Winans, Hayli	Denison/Schleswig	6:00.00	NT	
-- Miller, Dana	Creston	5:57.00	NT	
-- Richard, Faith	Denison/Schleswig	5:47.00	NT	

**H-10 Conference Meet - 5/11/2009****5/11/2009****Results****Event 34 Girls 4x100 Meter Relay**

School	Seed	Finals	H#	Points
1 Harlan 'A'	52.00	51.19	2	10
1) Nowatzke, Trisha	2) Hopp, Breanne			
3) Schnack, Ranae	4) Dawson, Denise			
2 Denison/Schleswig 'A'	51.99	51.91	2	8
1) Licktieg, Taylor	2) Schroeder, Brooke			
3) Sorensen, Courtney	4) Fenn, Chianne			
3 Kuemper 'A'	52.94	53.56	2	6
1) Schultes, Jessica	2) Stickrod, Sydney			
3) Riesberg, Hannah	4) Garrett, Hannah			
4 Shenandoah 'A'	54.20	53.57	1	4
1) Schubert, Jamie	2) Adamson, Kayla			
3) Hastings, Lindsey	4) McGinnis, Ashley			
5 Red Oak 'A'	53.61	54.37	1	2
1) Pratt, Lizz	2) Marsden, Shelby			
3) Jennings, Rachel	4) Smith, Caitlin			
6 Glenwood 'A'	53.00	54.54	2	1
1) Ringsdorf, Sophie	2) Winum, Maddie			
3) Nott, Shaniece	4) Clement, Ciara			
7 Lewis Central 'A'	54.22	54.73	1	
1) Quandt, Molly	2) Turgeon, Taylor			
3) LeClaire, Kelsey	4) Smith, Breann			
8 Creston 'A'	55.90	55.65	1	
1) Smith, Carla	2) Pettegrew, C.J.			
3) Briley, Katlin	4) Evans, Morgan			
9 Clarinda 'A'	54.50	55.75	1	
1) King, Chantel	2) Sunderman, Ashley			
3) McComb, Emily	4) Buch, Kaylee			
-- Atlantic 'A'	51.41	DNF	2	
1) Kennon, Ayli	2) Robinson, Maggie			
3) Shouse, Melina	4) Pappas, Katie			

**Event 36 Girls 4x400 Meter Relay**

School	Seed	Finals	H#	Points
1 Harlan 'A'	4:10.96	4:10.92	2	10
1) Kloewer, Cristin	2) Kaufmann, Mary			
3) Schnack, Ranae	4) Hosack, Jenny			
2 Denison/Schleswig 'A'	4:09.60	4:11.43	2	8
1) Beeck, Alexa	2) Krohnke, Kayla			
3) Fenn, Chianne	4) Mendlik, Abby			
3 Lewis Central 'A'	4:15.58	4:16.19	2	6
1) Hutchinson, Andrea	2) Olberding, Natalie			
3) Cole, Rachelle	4) Rudolph, Sara			
4 Atlantic 'A'	4:12.00	4:17.34	2	4
1) Nielsen, Melanie	2) Shouse, Melina			
3) Hoegh, Palmer	4) Hartwig, Alex			
5 Kuemper 'A'	4:14.86	4:18.32	2	2
1) Onken, Abbey	2) Bierl, Kenzie			
3) Hinners, Rachel	4) Drees, Madi			
6 Glenwood 'A'	4:14.00	4:23.60	2	1
1) Turcotte, Jenna	2) Fisher, Lexi			
3) Staiert, Katie	4) Ringsdorf, Sophie			

**H-10 Conference Meet - 5/11/2009**

**5/11/2009**

**Results**

**....Event 36 Girls 4x400 Meter Relay**

7	Creston 'A'		4:21.90	4:29.81	1
	1) Smith, Kierra	2) Frain, Madison			
	3) Briley, Katlin	4) Geary, Madison			
8	Red Oak 'A'		4:41.50	4:42.70	1
	1) Hemphil, Jess	2) Allison, Kelsey			
	3) Edie, Shea	4) Fellers, Lauren			
9	Shenandoah 'A'		4:40.00	4:48.37	1
	1) Bergen, Sabrina	2) Fischer, Karen			
	3) Johnson, Katie	4) Saner, Madison			
10	Clarinda 'A'		4:35.00	4:49.31	1
	1) Davidson, Shala	2) King, Chantel			
	3) Carper, Katie	4) Beaver, Laura			

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Women - Team Rankings - 19 Events Scored

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1) Harlan	150.33	2) Atlantic	129.33
3) Denison/Schleswig	84	4) Clarinda	54
5) Glenwood	47	6) Creston	38
7) Lewis Central	34	8) Shenandoah	26
9) Kuemper	23.33	10) Red Oak	3