

Hawkeye 10 Track Records
updated after the 2010 Conference Meet

Gender	No	Event	Name	School	Year	Record
Boys	1	Shot Put	Scott Davis	Glenwood	1988	59' 4 1/2"
Girls	2	Shot Put	Abby Emsick	Lewis Central	2000	45' 6"
Boys	3	Discus	Clark Hopp	Glenwood	1984	187' 7 3/4"
Girls	4	Discus	Abby Emsick	Lewis Central	2002	153' 2"
Boys	5	Long Jump	Steve Carson	Red Oak	1963	23' 8 3/4"
Girls	6	Long Jump	Anna Wernimont	Atlantic	2010	18' 01"
Boys	7	High Jump	Ben Hoing	Glenwood	2003	6' 8 1/2"
Girls	8	High Jump	Carmen Cox	Red Oak	2001	5' 8"
Girls	9	3000 Meter Run	Ali Krogman	Atlantic	2010	10.49.06
Boys	10	4 x 800 Meter Relay		Lewis Central	1975	08:07.3
Girls	11	4 x 800 Meter Relay	K. Carstens, K. Goeser	Harlan	2000	09:44.8
Girls	11		M. Andersen, A. Morgan			
Boys	12	3200 Meter Run	Boyd Nansel	Lewis Central	1974	09:25.8
Boys	13	B/Shuttle Hurdle Relay	J. Cord, JD Reason	Atlantic	2008	58.15
Boys	13		A. Schelling, J. Mullen			
Girls	14	G/Shuttle Hurdle Relay	S & M Wernimont	Atlantic	2001	01:05.0
Girls	14		K. Burkhart, K. Roecker			
Girls	15	100 Meter Dash	Dani Stipe	Kuemper	2006	12.3
Boys	16	100 Meter Dash	Doug Stuart	Lewis Central	1979	10.7
Girls	17	Distance Medley Relay	A. Vavra, D. Ketcham	Shenandoah	1995	04:18.0
Girls	17		R. Perritte, M. Buttry			
Girls	18	400 Meter Dash	Courtney Jacobs	Atlantic	2003	56.41
Boys	19	400 Meter Dash	Tim Dovel	Red Oak	1973	49
Girls	20	4 x 200 Meter Relay	L. Swanson, C. Carstensen	Denison	2005	01:44.5
Girls	20		S. Glenn, L. Wiebers			
Boys	21	4 x 200 Meter Relay	J. Yates, A. Cooney	Lewis Central	2006	01:29.8
Boys	21		L. Stamp, J. Besco			
Girls	22	100 Meter Hurdles	Tiffany Pedersen	Atlantic	2001	14.1
Boys	23	110 Meter Hurdles	Jordan Mullen	Atlantic	2009	13.89
Boys	24	1600 Meter Run	Ed Morson	Lewis Central	1976	04:23.7
Girls	25	800 Meter Run	Linnea Hopp	Harlan	2001	02:16.7
Girls	26	200 Meter Dash	Cortney Jacobs	Atlantic	2003	24.81
Boys	27	200 Meter Dash	Doug Stuart	Lewis Central	1976	21.9
Girls	28	400 Meter Hurdles	Jenny Hosack	Harlan	2008	01:05.4
Boys	29	400 Meter Hurdles	Craig Prindle	Glenwood	1988	54.3
Boys	30	1600 M Medley Relay		Lewis Central	1976	03:38.9
Girls	31	Sprint Medley Relay	C. Burtnett, N. Clausen	Denison	2005	01:48.3
Girls	31		L. Swanson, L. Wiebers			
Girls	32	1500 Meter Run	Missy Buttry	Shenandoah	2001	04:51.7
Boys	33	800 Meter Run	Kyle Wheeler	Glenwood	2009	1:57.72
Girls	34	4 x 100 Meter Relay	C. Burtnett, S. Glenn	Denison	2006	48.94
Girls	34		L. Swanson, N. Claursen			
Boys	35	4 x 100 Meter Relay	C. Johnson, E. Toole	Lewis Central	2009	43.59
Boys	35		D. Lohnes, DJ Gnader			
Girls	36	4 x 400 Meter Relay	A. Mendlik, S. Glenn	Denison	2006	03:59.6
Girls	36		M. Wiebers, C. Burtnett			

Hawkeye 10 Track Records
updated after the 2010 Conference Meet

Boys	37	4 x 400 Meter Relay	J. Yates, A. Cooney	Lewis Central	2006	03:25.2
Boys	37		L. Stamp, J. Besco			