

	2010 Schedule	
Date	Visiting	Home
3/16/2010	Lewis Central/Glenwood/Den	ISU Indoor
3/19/2010	Atlantic	Central College
3/20/2010	Harlan/Glenwood	Wayne State Indoor Meet
3/20/2010	Denison	BVU Indoor
3/25/2010	Harlan	Johnston Relays
3/27/2010	Lewis Central	USD Indoor Meet
3/30/2010	H-10 Norther Division Meet	H-10 ND (JV/V) @ Denison
3/30/2010	H-10 Southern Division Meet	H-10 SD (JV/V) @ Red Oak
3/31/2010	Kuemper Catholic	CYO Track Meet
4/2/2010	LC/CB	C.B. Relays
4/1/2010	Atlantic/Den	Denison Track Meet
4/2/2010	Creston	Winterset
4/6/2010	Denison	MVAO Relays
4/6/2010	AL/Atl/Clar/Cres/Glenw/Harl/LC/CB/RO/SA/TJ	Glenwood
4/6/2010	Kuemper Catholic	Nevada Relays
4/8/2010	Lewis Central/Crest/RO/Atl/Glen/Harlan	Clarinda (JV/V) Meet
4/13/2010	Glenwood /Red Oak	Shenandoah
4/13/2010	Atlantic/Kuemper/Denison/LC/Harlan	Harlan (JV/V) Meet
4/13/2010	Creston	Chariton
4/16/2010	Harlan	Waukee Relays
4/16/2010	Clarind/Creston/Atlantic/Red Oak	Creston (JV/V) Meet
4/16/2010	Glenwood	Sioux City North
4/17/2010	Denison	Ace Nelson Relays
4/19/2010	Kuemper	Ram Relays
4/19/2010	Atlantic/Glenwood/Harlan/L. Central	L.C. (COED)
4/20/2010	Creston	Ballard Community
4/20/2010	Atl/Bed/Clar/Corn/Essex/Har/Mt. Ayr/RO/Riv/Shen/TC	RO Invitational
4/22/2010	Teams and Individuals TBA	Drake Relays
4/22/2010	Atlantic/Carroll/Denison/Harlan/Kuemper	Carroll (COED) Meet
4/23/2010	Teams and Individuals TBA	Drake Relays
4/24/2010	Teams and Individuals TBA	Drake Relays
4/26/2010	Atl/Glen/LC/CB/AL/CB/Shen/St. Albert/TJ	Glenwood (COED) Meet
4/27/2010	Creston	Carlisle Community School
4/27/2010	Clarinda/Red Oak	Mount Ayr
4/29/2010	Kuemper/Den	Boone Classic
4/30/2010	AL/Atl/Clar/Den/Glen/Harl/LC/RO/Shen/SA/TJ/CB/TC	Trojan/Trojann (COED) Meet
5/4/2010	Kuemper	Tornado Relays
5/6/2010	Atlantic/Denison/Harlan/Kuemper/L. Central	Denison (COED) Meet
5/6/2010	AHST/Atl/Clar/Cres/FM/Glen/LC/RO/Riv/Shen/TC	RO Tiger Relays
5/10/2010	Hawkeye 10 Conference COED Mett	Lewis Central
5/14/2010	3A District/Regionals	
5/14/2010	2A District/Regionals	
5/20/2010	State Track	Drake Stadium/Des Moines
5/21/2010	State Track	Drake Stadium/Des Moines
5/22/2010	State Track	Drake Stadium/Des Moines