

	2010 Schedule	
Date	Visiting	Home
3/15/2010	Atlantic/Denison/Glenwood/Harlan	ISU Indoor Meet
3/20/2010	Harlan/Denison	Buena Vista Indoor Meet
3/20/2010	Atlantic /Shenandoah	Central College
3/20/2010	Glenwood	Wayne State Indoor
3/23/2010	State Indoor Track Meet (Denison/Kuemper)	UNIDome
3/27/2010	Atlantic/Glenwood/Lewis Central	USD Norm Herren Track Meet
3/30/2010	Hawkeye 10 North Divison	Atlantic
3/30/2010	Hawkeye 10 South Divison	Shenandoah
3/30/2010	Creston ????	Clarke
3/31/2010	Kuemper Catholic	CYO Track Meet
3/31/2010	Lewis Central	C.B. Relays
4/1/2010	Denison	D/S Co-ed
4/1/2010	Harlan	Boone Invite
4/5/2010	Harlan	Urbandale Invite
4/6/2010	Atlantic/Clarinda/Creston/Glenwood/LC/Red Oak	Clarinda
4/6/2010	Denison	MVAO Relays
4/6/2010	Kuemper Catholic	Richard Ryan Relays
4/8/2010	Kuemper Catholic/Denison/LC/CB/Harlan	Harlan Koos Girls Relays
4/9/2010	Creston/Glenwood/Red Oak	Lady Tiger Relays
4/12/2010	Atlantic/Creston/Denison	Creston Meet
4/13/2010	LC/CB/Glenwood	LC Relays
4/13/2010	Red Oak	Lady Tigers @ Griswold
4/15/2010	Red Oak/Shenandoah	Fillie Relays @ Shen
4/15/2010	AL/Atl/Clar/Cres/Glen/Gris/Harl/LC/LoMa/Riv/SA/TJ/CB/Trey	Glenwood Meet
4/15/2010	Kuemper Catholic	Tri-Center
4/17/2010	Glenwood	Sioux City North
4/19/2010	Denison	Ace Nelson Relays
4/19/2010	Kuemper Catholic	Ram Relays
4/20/2010	Atlantic/Glenwood/Harlan/Lewis Central	L.C. (COED)
4/20/2010	Red Oak	Treynor Invitational
4/20/2010	Creston	Dallas Center-Grimes
4/22/2010	Teams and Individuals TBA	Drake Relays
4/22/2010	Atlantic/Kuemper/Den/Har	Carroll (COED) Meet
4/22/2010	Red Oak/Clarinda	Lady Red Raider Relays
4/23/2010	Teams and Individuals TBA	Drake Relays
4/24/2010	Teams and Individuals TBA	Drake Relays
4/26/2010	Clarinda/Kuemper/Den/Har	Johnson Cyclone Girls Relays
4/26/2010	AL/CB/Atl/Glen/LC/Shen/St. Albert/TJ	Glenwood (COED) Meet
4/27/2010	Creston	Chariton
4/29/2010	Creston	Carlisle
4/29/2010	Kuemper Catholic/Denison	Boone Classic
4/29/2010	Red Oak	Clarke/Osceola Invite
4/30/2010	Atlantic/Glenwood/Harlan/Lewis Central	Trojan/Trojann (COED) Meet
5/4/2010	Kuemper Catholic	Tornado Relays
5/6/2010	Creston	Mount Ayr

5/6/2010	Atlantic/Denison/Harlan/Kuemper/Lewis Central	Denison (COED) Meet
5/6/2010	Red Oak	Lady Raider Relays @ Mt. Ayr
5/10/2010	Hawkeye 10 Conference COED Meet	Lewis Central
5/14/2010	3A Regional/District Meet	
5/14/2010	2A Regional/District Meet	
5/20/2010	State Track	Drake Stadium/Des Moines
5/21/2010	State Track	Drake Stadium/Des Moines
5/22/2010	State Track	Drake Stadium/Des Moines