

Licensed to Lewis Central High School HY-TEK's Meet Manager 5/12/2010 08:29 AM
HAWKEYE 10 CHAMP CO-ED TRACK 2010 - 5/10/2010
LEWIS CENTRAL
Results

Event 1 Girls Shot Put

Name	Year	School	Finals
Finals			
1 Horne, Cassie	11	Harlan	35-11.75
2 Buch, Kaylee		Clarinda	35-11.50
3 Hansen, Hayleigh	12	Lewis Central	34-10.00
4 Sheperd, Avery		Clarinda	34-09.00
5 Kruse, Cassie	9	Glenwood	33-00.00
6 Sonderman, Abby	10	Harlan	32-08.50
7 Ray, Emily	SO	Shenandoah	32-07.00
8 Ullrich, Alicia	12	Denison-Schleswi	31-06.25
9 Fine, Felisha		Shenandoah	30-08.50
10 Yardas, Kristi	FR	Red Oak	30-03.50
11 Ruhr, Jordan	12	Glenwood	29-07.75
12 Pudenz, Katie		Creston	29-06.50
13 Scherff, Megan	10	Denison-Schleswi	28-10.50
14 Hurt, Leah		Creston	28-09.00
15 Gehling, Cassie	12	Carroll Kuemper	27-10.00
16 Berns, Masrissa	10	Atlantic	27-01.25
17 Leehy, Jordan	11	Lewis Central	24-05.75
18 Ruhr, Tiffany	9	Atlantic	23-01.50

Event 4 Girls Discus Throw

Name	Year	School	Finals
1 Hurt, Leah		Creston	115-02
2 Sonderman, Abby	10	Harlan	114-00
3 Martin, Rachelle	11	Glenwood	106-00
4 Schwartz, Taylor	9	Harlan	100-05
5 Perkins, Kylie		Shenandoah	99-00
6 Fine, Felisha		Shenandoah	98-08
7 Gehling, Cassie	12	Carroll Kuemper	98-07
8 Kennon, Paige	10	Atlantic	98-00
9 Hansen, Hayleigh	12	Lewis Central	97-02
10 Larsen, Brooke		Clarinda	94-00
11 Scherff, Megan	10	Denison-Schleswi	93-05
12 Ullrich, Alicia	12	Denison-Schleswi	90-01.50
13 Ruhr, Jordan	12	Glenwood	89-00
14 Mahoney, Adrienne		Red Oak	86-02.50
15 Berns, Masrissa	10	Atlantic	84-00
16 Sheperd, Avery		Clarinda	78-02.50
17 Leehy, Jordan	11	Lewis Central	65-04.50
18 Pudenz, Katie		Creston	61-06.50

Event 6 Girls Long Jump

Name	Year	School	Finals
1 Wernimont, Anna	12	Atlantic	18-01.00
2 Maitlen, Brianna		Creston	16-06.50
3 Van Ness, Chelsey	9	Denison-Schleswi	16-02.00
4 Larsen, Lauren	9	Harlan	16-01.75
5 Bohlmann, Moriah	9	Carroll Kuemper	15-10.00
6 White, Jacie	11	Harlan	15-06.00
7 Brown, Abby	11	Glenwood	15-01.75

8	Holms, MACKENZIE	9	Atlantic	15-00.50
9	Frain, Madison		Creston	14-11.00
10	Fellers, Lauren		Red Oak	14-10.50
11	Bass, Kayla	12	Lewis Central	14-10.00
12	Houston, Lexi	9	Denison-Schleswi	14-09.00
13	Marsden, Shelby		Red Oak	14-02.50
14	Crow, Montana	9	Glenwood	13-09.00
15	Perry, Laura	FR	Shenandoah	13-08.00
16	Perkins, Tabitha	FR	Shenandoah	13-03.75
17	Brunow, Ellie	9	Lewis Central	13-02.50
18	McComb, Emily		Clarinda	13-01.50

Event 8 Girls High Jump

Name	Year	School	Finals
1		Clarinda	5-01.00
2	9	Harlan	J5-01.00
3		Clarinda	4-10.00
4	10	Carroll Kuemper	J4-10.00
5	9	Harlan	J4-10.00
6	9	Denison-Schleswi	4-08.00
7	11	Lewis Central	4-06.00
7	10	Glenwood	4-06.00
7	SO	Shenandoah	4-06.00
7	11	Lewis Central	4-06.00
--		Red Oak	NH
--	11	Glenwood	NH
--	9	Denison-Schleswi	NH
--	10	Atlantic	NH
--		Shenandoah	NH
--	9	Atlantic	NH
--		Creston	NH

Event 9 Girls 3000 Meter Run

Name	Year	School	Finals
1	10	Atlantic	10:49.06
2		Creston	11:08.09
3	11	Atlantic	11:42.27
4	12	Lewis Central	11:44.03
5	9	Harlan	11:50.83
6	9	Glenwood	11:55.04
7	SO	Shenandoah	11:56.22
8	12	Harlan	12:10.95
9	11	Glenwood	12:27.39
10		Clarinda	12:36.46
11	11	Denison-Schleswi	13:23.91
12	11	Denison-Schleswi	13:40.10
13	12	Lewis Central	13:47.59
14		Shenandoah	13:50.67

Event 11 Girls 4x800 Meter Relay

School	Finals
1 Harlan 'A'	9:58.74
1) Feldman, Jessica 9	2) Hosack, Jenny 12
3) Jacobsen, Shelbie 10	4) Johnston, Jandy
2 Atlantic 'A'	10:18.36
1) Worth, Shelby 9	2) Hoegh, Palmer 12
3) Blake, Katie 10	4) Arneson, Jessica 11

3	Lewis Central 'A'	10:24.57
	1) Schoening, Amanda 9	2) Cole, Rachelle 11
	3) Lamplot, Tiffany 9	4) Clark, Jessica 9
4	Denison-Schleswig 'A'	10:34.96
	1) Ellerbeck, Bailey 10	2) Krohnke, Whitney 10
	3) Richard, Faith 12	4) Kallo, Juawar 9
5	Glenwood 'A'	10:41.44
	1) Grave, Ashley 9	2) Vanscoy, Maddie 9
	3) Blum, Emily 9	4) Peckham, Brooke 11
6	Shenandoah 'A'	10:51.41
	1) Fischer, Karen	2) Mayer, Ashton
	3) Ray, Emily SO	4) Perkins, Jourdan SO
7	Clarinda 'A'	11:27.62
	1) Lantz, Julia	2) Gregory, Katlynne
	3) Aldrich, Katie	4) Smith, Anna
8	Red Oak 'A'	11:59.08
	1) Welbon, Chandra	2) French, Gabi
	3) Elarton, Margo	4) Fada, Melanie

Event 14 Girls 4x100 Meter Shuttle Hurdle

School		Finals	H#
1	Glenwood 'A'	1:09.0h	3
	1) Liparoto, Mercedes 10	2) Brown, Abby 11	
	3) Jackson, Devin 9	4) Finn, Kassie 12	
2	Creston 'A'	1:09.4h	3
	1) Bolinger, Audrey	2) Maitlen, Brianna	
	3) Johnson, Jill	4) Smith, Kierra	
3	Shenandoah 'A'	J1:09.4h	3
	1) Adamson, Kayla	2) Hastings, Lindsey SO	
	3) Saner, Madison JR	4) McGinnis, Ashley	
4	Harlan 'A'	1:09.9h	3
	1) White, Jacie 11	2) Baughman, Dena 9	
	3) Knudsen, Katrina 10	4) Kaufmann, Mary	
5	Carroll Kuemper 'A'	1:12.2h	2
	1) Mosher, Abbie 10	2) Bierl, Kenzie 10	
	3) Hoffman, Jacie 9	4) Garrett, Hannah 12	
6	Atlantic 'A'	1:14.0h	1
	1) Kennon, Paige 10	2) Van Weyhe, Bre 10	
	3) McConnell, Sam 10	4) Gude, Amanda 10	
7	Denison-Schleswig 'A'	1:14.3h	2
	1) Krohnke, Kayla 12	2) Ellerbeck, Bailey 10	
	3) Krohnke, Whitney 10	4) Lickteig, Taylor 10	
8	Lewis Central 'A'	1:14.4h	2
	1) Turgeon, Taylor 12	2) Bass, Kayla 12	
	3) Forristall, Kendra 12	4) Lamplot, Nicole 9	
9	Red Oak 'A'	1:21.1h	1
	1) Mendez, Itzel	2) Hemphill, Jess	
	3) Elarton, Margo	4) Miller, Andrea	

Event 15 Girls 100 Meter Dash

Name	Year School	Finals	H#
1 Wernimont, Anna	12 Atlantic	13.29	3
2 Steinauer, Laura	Clarinda	13.44	3
3 Christensen, Sadie	11 Harlan	13.47	3
4 Nott, Shaniece	10 Glenwood	13.52	3
5 Nowatzke, Trisha	11 Harlan	13.53	3
6 Simmons, Kyley	11 Lewis Central	13.84	3
7 Jackson, Erica	Red Oak	14.07	2
8 Schroeder, Brooke	10 Denison-Schleswi	14.33	3

9	Marsden, Shelby	Red Oak	14.48	1
10	Brown, Jordan	Lewis Central	14.51	2
11	McDonald, Sam	Creston	14.64	2
12	Ruhr, Kassie	9 Glenwood	14.73	3
13	Sorensen, Taylor	10 Denison-Schleswi	14.83	2
14	Tucker, Lauren	Creston	14.93	2
15	Edelman, Tiara	10 Atlantic	15.13	2
16	Poe, Kaylyn	FR Shenandoah	16.47	1
17	Debolt, Bailey	SO Shenandoah	16.49	1

Event 17 Girls Distance Medley

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School		Finals	H#	
=====				
1	Harlan 'A'	4:24.79	2	
	1) Knudsen, Katrina 10	2) Mahlberg, Abby 12		
	3) Kloewer, Ashley 10	4) Byrnes, Jassie 11		
2	Red Oak 'A'	4:33.40	2	
	1) Smith, Caitlin	2) Mann, Maddy		
	3) Snyder, Josie	4) Skorpen, Ingvild 12		
3	Shenandoah 'A'	4:36.26	2	
	1) Fischer, Karen	2) McGinnis, Ashley		
	3) Schubert, Jamie SO	4) Saner, Alexis FR		
4	Atlantic 'A'	4:36.87	2	
	1) Hartwig, Alex 10	2) Young, Taylor 11		
	3) Peterson, Sam 10	4) Arneson, Jessica 11		
5	Glenwood 'A'	4:45.75	2	
	1) Fisher, Lexi 10	2) Brewster, Shelby 11		
	3) Henze, McKenna 9	4) Larsen, Katie 12		
6	Denison-Schleswig 'A'	4:47.33	2	
	1) Fenn, Chianne 11	2) Houston, Lexi 9		
	3) Kallo, Juawar 9	4) Pizano, Bianca 9		
7	Creston 'A'	4:55.11	1	
	1) Frain, Madison	2) Krejci, Maria		
	3) Johnson, Jill	4) Ekeler, Chelsea		
8	Lewis Central 'A'	4:59.68	1	
	1) Daley, Alysha 9	2) Malskeit, Morgan 9		
	3) Lamplot, Tiffany 9	4) Kellogg, Jori 12		
9	Clarinda 'A'	5:00.44	1	
	1) McComb, Emily	2) Davidson, Michelle		
	3) Gregory, Katlynne	4) Lantz, Julia		

Event 18 Girls 400 Meter Dash

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Name	Year	School	Finals	H#
=====				
1	Klitgaard, Ellen	11 Harlan	59.69	2
2	Beeck, Alexa	10 Denison-Schleswi	1:00.28	2
3	Olberding, Natalie	11 Lewis Central	1:01.49	2
4	Larsen, Lauren	9 Harlan	1:01.64	2
5	Fellers, Lauren	Red Oak	1:03.65	2
6	Rihner, Alyssa	9 Denison-Schleswi	1:06.29	2
7	Hudson, Taylor	Creston	1:06.30	2
8	Blake, Katie	10 Atlantic	1:07.14	2
9	Griffen, Michaela	Red Oak	1:07.43	1
10	Smith, Anna	Clarinda	1:08.29	1
11	Morgan, Emily	12 Lewis Central	1:09.77	1
12	Peckham, Brooke	11 Glenwood	1:10.00	1
13	Jackson, Devin	9 Glenwood	1:12.14	1
14	Cole, Alex	11 Atlantic	1:12.62	1
15	Bright, Megan	FR Shenandoah	1:20.64	1
16	Johnson, Katie	Shenandoah	1:20.65	1

Event 20 Girls 4x200 Meter Relay

School		Finals	H#
1	Harlan 'A'	1:47.94	2
	1) Kloewer, Ashley 10	2) Feldman, Jessica 9	
	3) Christensen, Sadie 11	4) Nowatzke, Trisha 11	
2	Denison-Schleswig 'A'	1:52.45	2
	1) Lickteig, Taylor 10	2) Van Ness, Chelsey 9	
	3) Fenn, Chianne 11	4) Schroeder, Brooke 10	
3	Shenandoah 'A'	1:53.22	2
	1) Schubert, Jamie SO	2) Fischer, Karen	
	3) Adamson, Kayla	4) Hastings, Lindsey SO	
4	Red Oak 'A'	1:53.43	2
	1) Jackson, Erica	2) Allison, Kelsey	
	3) Smith, Caitlin	4) Mann, Maddy	
5	Atlantic 'A'	1:54.36	2
	1) Nielsen, Melanie 10	2) Holms, MACKENZIE 9	
	3) Young, Taylor 11	4) Hartwig, Alex 10	
6	Lewis Central 'A'	1:56.16	1
	1) Simmons, Kyley 11	2) Brown, Jordan	
	3) Daley, Alysha 9	4) Lamplot, Nicole 9	
7	Creston 'A'	1:58.35	2
	1) Tucker, Lauren	2) Maitlen, Brianna	
	3) Frain, Madison	4) Briley, Katlin	
8	Glenwood 'A'	1:58.96	1
	1) Ruhr, Jordan 12	2) Brown, Abby 11	
	3) Ringsdorf, Hanna 9	4) Vanscoy, Maddie 9	
9	Clarinda 'A'	2:01.10	1
	1) Buch, Kaylee	2) McComb, Emily	
	3) Snyder, Megan	4) Jago, Jeana	

Event 22 Girls 100 Meter Hurdles

Name	Year	School	Finals	H#
1 Wernimont, Anna	12	Atlantic	16.26	3
2 Bolinger, Audrey		Creston	16.52	3
3 Kaufmann, Mary		Harlan	16.78	3
4 Turgeon, Taylor	12	Lewis Central	16.79	3
5 Smith, Kierra		Creston	16.88	3
6 Garrett, Hannah	12	Carroll Kuemper	16.94	3
7 White, Jacie	11	Harlan	17.24	3
8 Liparoto, Mercedes	10	Glenwood	17.31	3
9 Finn, Kassie	12	Glenwood	17.60	2
10 Krohnke, Kayla	12	Denison-Schleswi	17.88	2
11 Bierl, Kenzie	10	Carroll Kuemper	17.96	2
12 Saner, Madison	JR	Shenandoah	18.17	2
13 Bass, Kayla	12	Lewis Central	18.40	2
14 McConnell, Sam	10	Atlantic	18.78	2
15 Green, Chelsey	9	Denison-Schleswi	18.81	2
16 Davidson, Michelle		Clarinda	18.84	1
17 Allely, Breanna	FR	Shenandoah	18.90	2
18 Hemphill, Jess		Red Oak	19.37	1
19 Mendez, Itzel		Red Oak	19.81	1

Event 25 Girls 800 Meter Run

Name	Year	School	Finals
1 Beeck, Alexa	10	Denison-Schleswi	2:25.56
2 Jacobsen, Shelbie	10	Harlan	2:26.52
3 Hoegh, Palmer	12	Atlantic	2:33.27

4	Arneson, Jessica	11 Atlantic	2:33.76
5	Skorpen, Ingvild	12 Red Oak	2:34.77
6	Petersen, Amanda	12 Harlan	2:36.33
7	Grave, Ashley	9 Glenwood	2:37.73
8	Schoening, Amanda	9 Lewis Central	2:38.19
9	Ray, Emily	SO Shenandoah	2:40.99
10	Perkins, Jourdan	SO Shenandoah	2:41.27
11	Griffen, Michaela	Red Oak	2:41.94
12	Ekeler, Chelsea	Creston	2:42.74
13	Blum, Emily	9 Glenwood	2:44.15
14	Smith, Anna	Clarinda	2:45.54
15	Manley, Jordan	Clarinda	2:53.78
16	Ploeger, Kristin	11 Denison-Schleswi	2:58.47
17	Wood, Allison	Creston	3:04.26

Event 26 Girls 200 Meter Dash

Name	Year	School	Finals	H#
1		Clarinda	27.42	3
2		Creston	27.91	3
3	11	Harlan	28.01	3
4	10	Denison-Schleswi	28.05	3
5	12	Atlantic	28.06	3
6	10	Harlan	28.40	3
7		Shenandoah	29.51	3
8		Red Oak	29.84	2
9		Red Oak	29.93	2
10	11	Carroll Kuemper	30.38	2
11		Lewis Central	30.44	2
12	11	Lewis Central	30.76	2
13	9	Glenwood	30.80	1
14	10	Atlantic	30.85	2
15	11	Denison-Schleswi	31.07	2
16		Creston	31.53	1
17		Shenandoah	32.39	1
18	9	Carroll Kuemper	32.45	2

Event 28 Girls 400 Meter Hurdles

Name	Year	School	Finals	H#
1	11	Lewis Central	1:05.54	3
2	12	Harlan	1:08.74	3
3	10	Glenwood	1:08.96	3
4	12	Denison-Schleswi	1:10.16	3
5	12	Carroll Kuemper	1:10.83	3
6	10	Harlan	1:11.56	3
7	10	Atlantic	1:15.12	3
8	9	Lewis Central	1:15.92	3
9	SO	Shenandoah	1:16.19	2
10	10	Atlantic	1:16.25	2
11		Creston	1:18.32	2
12		Red Oak	1:19.38	2
13	JR	Shenandoah	1:20.65	1
14	12	Glenwood	1:21.20	2
15	9	Denison-Schleswi	1:26.43	1
16		Red Oak	1:28.08	1

Event 31 Girls 800 Sprint Medley MEDLEY

School	Finals	H#
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1 Harlan 'A'	1:56.07	2
1) Christensen, Sadie 11	2) Nowatzke, Trisha 11	
3) Larsen, Lauren 9	4) Feldman, Jessica 9	
2 Atlantic 'A'	1:58.42	2
1) Holms, MACKENZIE 9	2) Young, Taylor 11	
3) Nielsen, Melanie 10	4) Hartwig, Alex 10	
3 Red Oak 'A'	1:58.53	2
1) Jackson, Erica	2) Mann, Maddy	
3) Smith, Caitlin	4) Snyder, Josie	
4 Shenandoah 'A'	1:58.55	2
1) Schubert, Jamie SO	2) Adamson, Kayla	
3) Hastings, Lindsey SO	4) McGinnis, Ashley	
5 Creston 'A'	1:58.82	2
1) McDonald, Sam	2) Krejci, Maria	
3) Maitlen, Brianna	4) Briley, Katlin	
6 Clarinda 'A'	2:01.00	1
1) Buch, Kaylee	2) Jago, Jeana	
3) Steinauer, Laura	4) Snyder, Megan	
7 Denison-Schleswig 'A'	2:02.47	1
1) Fenn, Chianne 11	2) Van Ness, Chelsey 9	
3) Schroeder, Brooke 10	4) Krohnke, Whitney 10	
8 Glenwood 'A'	2:08.34	2
1) Liparoto, Mercedes 10	2) Finn, Kassie 12	
3) Brown, Abby 11	4) Ringsdorf, Hanna 9	
9 Lewis Central 'A'	2:08.52	1
1) Jones, Kayla 9	2) Daley, Alysha 9	
3) Rudolph, Sara 11	4) Clark, Jessica 9	

Event 32 Girls 1500 Meter Run

Name	Year School	Finals
1 Krogman, Ali	10 Atlantic	5:05.02
2 Wignall, Emily	Creston	5:08.21
3 Byrnes, Jassie	11 Harlan	5:15.20
4 Hall, Bridget	12 Lewis Central	5:23.58
5 McKern, Megan	9 Glenwood	5:24.30
6 Saner, Alexis	FR Shenandoah	5:28.07
7 Gettys, Alex	11 Harlan	5:28.27
8 Larsen, Katie	12 Glenwood	5:29.88
9 Worth, Shelby	9 Atlantic	5:30.17
10 Lantz, Julia	Clarinda	5:31.53
11 Richard, Faith	12 Denison-Schleswi	5:33.52
12 Pizano, Bianca	9 Denison-Schleswi	5:41.14
13 Mayer, Ashton	Shenandoah	5:47.09
14 Welbon, Chandra	Red Oak	6:03.47
15 Huckins, Lacy	10 Lewis Central	6:11.67
16 Aldrich, Katie	Clarinda	6:19.50
17 Stevens, Katie	Creston	6:24.66
18 Griffen, Michaela	Red Oak	6:33.43

Event 34 Girls 4x100 Meter Relay

School	Finals	H#
1 Harlan 'A'	51.66	2
1) Klitgaard, Ellen 11	2) Christensen, Sadie 11	
3) Kaufmann, Mary	4) Nowatzke, Trisha 11	
2 Denison-Schleswig 'A'	52.65	2
1) Lickteig, Taylor 10	2) Schroeder, Brooke 10	
3) Fenn, Chianne 11	4) Beeck, Alexa 10	
3 Red Oak 'A'	53.53	2
1) Jackson, Erica	2) Mann, Maddy	

3) Smith, Caitlin	4) Marsden, Shelby		
4 Glenwood 'A'		53.55	2
1) Liparoto, Mercedes 10	2) Nott, Shaniece 10		
3) Henze, McKenna 9	4) Brewster, Shelby 11		
5 Atlantic 'A'		54.30	2
1) Nielsen, Melanie 10	2) Van Weyhe, Bre 10		
3) Young, Taylor 11	4) Holms, MACKENZIE 9		
6 Carroll Kuemper 'A'		54.36	2
1) Bierl, Kenzie 10	2) Mosher, Abbie 10		
3) Riesberg, Hannah 11	4) Garrett, Hannah 12		
7 Creston 'A'		54.97	1
1) McDonald, Sam	2) Tucker, Lauren		
3) Pettegrew, C.J.	4) Weis, Cheyanne		
8 Lewis Central 'A'		55.27	1
1) Turgeon, Taylor 12	2) Brown, Jordan		
3) Leclaire, Kelsey 10	4) Jones, Kayla 9		
9 Shenandoah 'A'		56.81	1
1) Walraven, Mariah JR	2) Allely, Breanna FR		
3) Croll, Whitney	4) Perkins, Tabitha FR		
-- Clarinda 'A'		DQ	1
1) Buch, Kaylee	2) McComb, Emily		
3) Davidson, Michelle	4) Jago, Jeana		

Event 36 Girls 4x400 Meter Relay

School	Finals
1 Harlan 'A'	4:11.39
1) Kloewer, Ashley 10	2) Larsen, Lauren 9
3) Hosack, Jenny 12	4) Klitgaard, Ellen 11
2 Lewis Central 'A'	4:14.27
1) Olberding, Natalie 11	2) Cole, Rachelle 11
3) Lamplot, Tiffany 9	4) Simmons, Kyley 11
3 Denison-Schleswig 'A'	4:17.48
1) Rihner, Alyssa 9	2) Ellerbeck, Bailey 10
3) Krohnke, Kayla 12	4) Beeck, Alexa 10
4 Atlantic 'A'	4:18.67
1) Nielsen, Melanie 10	2) Peterson, Sam 10
3) Blake, Katie 10	4) Hartwig, Alex 10
5 Creston 'A'	4:22.45
1) Smith, Kierra	2) Hudson, Taylor
3) Briley, Katlin	4) Bolinger, Audrey
6 Shenandoah 'A'	4:24.98
1) Schubert, Jamie SO	2) Adamson, Kayla
3) Hastings, Lindsey SO	4) McGinnis, Ashley
7 Red Oak 'A'	4:25.26
1) Fellers, Lauren	2) Allison, Kelsey
3) Hemphill, Jess	4) Skorpen, Ingvild 12
8 Glenwood 'A'	4:26.84
1) Grave, Ashley 9	2) Fisher, Lexi 10
3) Henze, McKenna 9	4) Brewster, Shelby 11

Women - Team Rankings - 19 Events Scored

1) HARLAN	163	2) ATLANTIC	97
3) CRESTON	64	4) DENISON-SCHLESWIG	61
5) LEWIS CENTRAL	50	6) CLARINDA	47
7) GLENWOOD	39	8) RED OAK	28
8) SHENANDOAH	28	10) CARROLL KUEMPER	12